



Not To Be Missed



Removed roof, cut water: Families accuse farm owner of eviction

By BASAAD ADAMS 10TH JULY 2026

Long-term farm dwellers on Barton Vineyards near Botrivier allege they are being forced off the property after their roof was removed and water was cut off. The new owner claims the roof removal is for...

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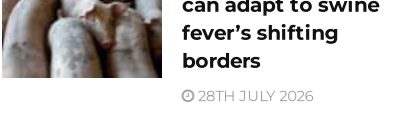
By PATRICIA TEMBO 5TH AUGUST 2026

Technical skills alone won't grow an agricultural business – credibility and compliance will. Farmer Mentor Tsheliso Jantjies shares how maintaining...

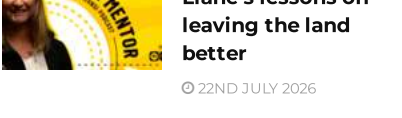
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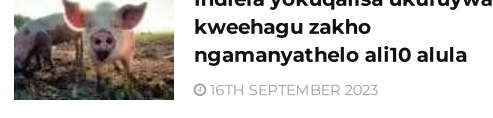


28TH JULY 2026



22ND JULY 2026

isiXhosa



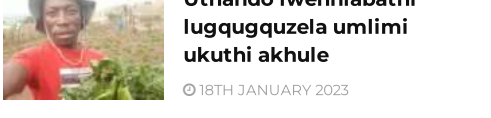
Ukusuka kuyekeni eyunivesithi abe ngumthandicidlo ezincamisayo—ngamaR350

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Ishifu wase Kapa iphaka ukutya kwaseMzansi!

10TH SEPTEMBER 2023

isiZulu



Ukuntula umsebenzi kulohele uMchunu kwelenyoni

'Sizani! Kunenyoka epulazini lami'

Balimi, nansi indlela yokuzithalela i-ginger

18TH JANUARY 2023

From FoodForAfrika.com

Every drop counts: Managing precision irrigation for export citrus

By PATRICIA TEMBO 14/04/2026

Despite cutting-edge systems, citrus growers risk root diseases and nutrient loss due to over-irrigation and poor system care. Netafim and...

Lesotho farmers are joining the Mzansi Young Farmers Indaba

By STAFF REPORTER 29/02/2026

Lesotho farmers are bringing energy and ideas to the 2026 Mzansi Young Farmers Indaba in Pretoria East. Meanwhile, the Farmers...

Precision irrigation drives Zimbabwe's blueberry boom

By PATRICIA TEMBO 10/02/2026

Zimbabwe is rapidly becoming a global blueberry powerhouse. By combining high-altitude growing conditions with Netafim's precision irrigation technology, the country...

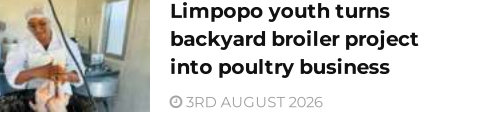
Changemakers



When opportunity didn't knock, Thandi Mahlangu planted her own

5 000 to 100 000 cabbages: EC co-op gamble pays off

16TH AUGUST 2026



Bikouta bridges African flavours through handcrafted teas

No limits: Charlotte Mosenka builds farm-to-table legacy in Gauteng

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22ND APRIL 2025



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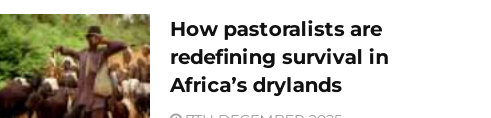
Climate Change



Climate summit: SA's food future rests on small-scale farmers

Seed libraries, food gardens empower Cape communities

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Leave no one behind: Climate justice must include social justice

Women lead the way in climate adaptation in Africa

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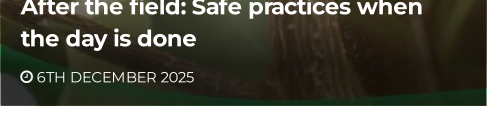
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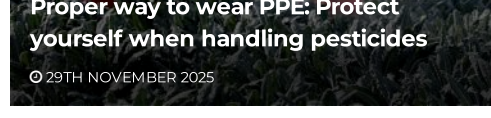
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20TH NOVEMBER 2025



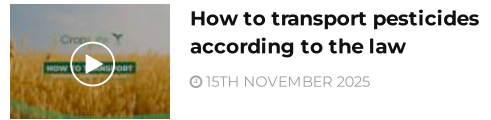
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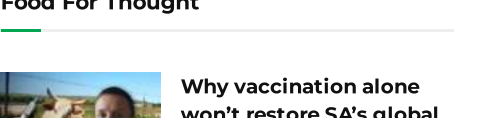


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Food For Thought



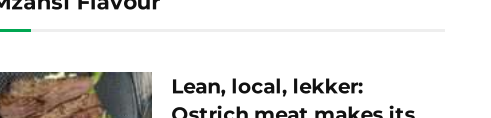
Why food recalls hit SA food SMEs the hardest

Four simple records every smallholder livestock farmer should keep

Why SA must shift from climate response to climate readiness

6TH AUGUST 2026

Mzansi Flavour



He banat! Chilled soups in summer? It's a thing!

Peach, please! The holiday dessert everyone's obsessed with

MAGGI stirs up flavour with 'Cook the difference' campaign

15TH AUGUST 2025

Lifestyle



How seed banks and libraries protect Mzansi's future

Dune spinach: A climate-hardy green transforming coastal farming

Recipe: Chef Zanele's potato salad gets a bold spice-inspired twist

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South Africa's child nutrition crisis demands urgent action



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SA Preserve Championships draws record 700 entries



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ASF outbreak contained, but pig farmers urged to stay vigilant



This week's agri events: 03 – 07 August

It is Women's Month, and to celebrate and pay homage to women in agriculture, Food For Mzansi and Agda will host the Soul to Soil brunch in Centurion later this...

BY TISETSO MANOKO 3RD AUGUST 2026



Rooibos project turns classrooms into space labs

In a historic first, South African rooibos seeds are journeying into orbit to examine the effects of microgravity and radiation on plant growth. South African Rooibos Council director Dawie de...

BY VATEKA HALILE 1ST AUGUST 2026



Western Cape suffers driest July on record ahead of intense El Niño

BY ED STODDARD 4TH AUGUST 2026

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Local elections: Why farming communities must take action

As local government elections approach, South African farmers and rural communities are urged to register and vote to demand better roads, reliable water supply, and ethical municipal leadership.

BY TISETSO MANOKO 1ST AUGUST 2026



DairyRise Project drives inclusive agricultural growth

As Disability Pride Month concludes, the ARC-AP DairyRise Project celebrates a North-West dairy farmer turning physical challenges into agricultural success. The project is empowering smallholder dairy farmers of all abilities...

BY L CHAVULA, E MUNTSWU, R MALATJI AND Y SANARANA 31ST JULY 2026



Book now for Soul To Soil Women's Month brunch

Celebrate Women's Month alongside some of South Africa's most influential women in agriculture at the 2026 Soul To Soil Brunch. Book your R299 ticket now before seats sell out for...

BY STAFF REPORTER 31ST JULY 2026



Veld fire season threatens farmers, soil, and livestock

Veld fires are placing immense strain on South African farmers. Industry experts warn that the true cost extends far beyond immediate devastation, threatening rural jobs, soil health, and generational agricultural...

BY TISETSO MANOKO 31ST JULY 2026

- Professionalism pays: How Jantjies built a thriving lucerne business
- DairyRise Project drives inclusive agricultural growth
- More than gadgets: How practical agritech boosts your bottom line
- Western Cape suffers driest July on record ahead of intense El Niño
- New agriculture chair targets FMD, governance, oversight

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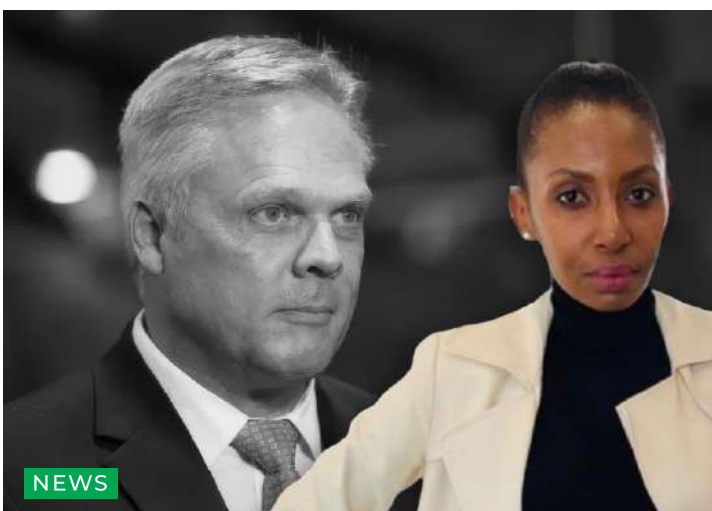
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Land Bank responds to debt recovery and ongoing farmer litigation

Land Bank has responded to public concerns regarding its debt recovery processes and court disputes with agricultural borrowers. The bank reaffirmed its commitment to constructive engagement while maintaining its responsibility...

BY STAFF REPORTER 31ST JULY 2026



Minister Willie Aucamp: What farmers need now

In an open letter to newly appointed agriculture minister Willie Aucamp, legal expert Katlego Ngwane outlines five critical areas where the department must deliver – from FMD logistics to water...

BY KATLEGO NGWANE 30TH JULY 2026



Why South Africa's wheat industry is under investigation

South Africa's wheat production has remained below consumption for years, making the country increasingly dependent on imports. Now, an expert committee is examining everything from tariffs and logistics to innovation...

BY THANDEKA NTSHANGASE, BUHLEBEMVELO DUBE, AND MAHLOGEDI THINDISA

30TH JULY 2026



Removed roof, cut water: Families accuse farm owner of eviction

Long-term farm dwellers on Barton Vineyards near Botrivier allege they are being forced off the property after their roof was removed and water was cut off. The new owner claims...

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Bikouta bridges African flavours through handcrafted teas

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5 000 to 100 000 cabbages: EC co-op gamble pays off

INSPIRATION

No limits: Charlotte Mosena builds farm-to-table legacy in Gauteng

Bad roads, winter frost, and tight budgets couldn't stop Charlotte Mosena. As the founder of Tshimo Ya Lesego in the Vaal, Charlotte shows us how determination and passion can turn...

BY VATEKA HALILE 24TH JULY 2026

INSPIRATION

Mother's legacy, neighbour's grace: Venessa Simelane's farm story

Venessa Simelane grew her late mother's backyard vegetable garden into a thriving farming business. With crucial support from a neighbour, she now produces up to 1 500 broilers per cycle...

BY LISAKANYA VENNA 20TH JULY 2026

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BY ED STODDARD 4TH AUGUST 2026

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IT TAKES A VILLAGE

Wits students step up to fight campus hunger

When systemic NSFAS failures left Wits University students hungry over weekends, student leaders refused to stand by. Founded by Tshwarelo Mafuyeka, the Sizanani Legacy Project is stepping in to feed...

BY VATEKA HALILE 17TH JULY 2026

AGRICAREERS

How this KZN agricultural advisor is bringing tech to rural fields

From herding cattle in Greytown to graduating as a pioneer learner of Zakhe Agricultural College, Nhlakanipho Nzama's life has always been about the soil. Now, as a KZN agricultural advisor,...

BY VATEKA HALILE 16TH JULY 2026

INSPIRATION

Feathered Fields: Young farmer defies odds with poultry production

Agricultural graduate Aphola Mbotshwa is carving out his space in the competitive poultry industry. Through steady scaling and strong family backing, the founder of Feathered Fields Farming has turned a...

BY LISAKANYA VENNA 13TH JULY 2026

INSPIRATION

Fort Cox student is proving communal farming can thrive

From the communal grazing lands of Mceula village outside Whittlesea, Uzusakhe Mbebe is building a brighter future for his family's livestock business. He is using science, strategy, and hard work...

BY VATEKA HALILE 10TH JULY 2026

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- SA Preserve Championships draws record 700 entries
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IT TAKES A VILLAGE

How Thanda helped one KZN family beat the cost-of-living crisis

For years, buying fresh vegetables meant another expense that 51-year-old Zandile Shinga simply could not afford. Today, the mother from ePlazini near Mtwalume in KwaZulu-Natal harvests much of her family's...

BY STAFF REPORTER 9TH JULY 2026

AGRIPRENEUR

Barnard Mohair: Weaving EC agriculture into global fashion

Behind every luxury Barnard Mohair garment is a rich South African story. Deeply rooted in the Eastern Cape, which produces 48% of the world's mohair, this family-owned brand champions ethical...

BY VATEKA HALILE 9TH JULY 2026

INSPIRATION

Flying solo: FS farmer beats hurdles to scale poultry enterprise

When his co-founders walked away, Jacobsdal poultry farmer Llewellyn Louw refused to give up. Rebranding as Louws Poultry Production, he overcame severe electricity hurdles and theft to build a thriving...

BY LISAKANYA VENNA 6TH JULY 2026

INSPIRATION

Unemployed EC graduate builds booming village poultry business

Faced with unemployment and a community lacking basic goods, agricultural graduate Xolelwa Mthetho took action. Starting with a R1 200 loan from her mother, who works as a school cook,...

BY VATEKA HALILE 3RD JULY 2026

- Shongotelo Mashengete: Shielding SA crops from disease
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- How grain farmers can secure cash flow and funding in uncertain seasons
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Lifestyle



LIFESTYLE

How seed banks and libraries protect Mzansi's future



LIFESTYLE

Dune spinach: A climate-hardy green transforming coastal farming



LIFESTYLE

Indigenous seaweed becomes farming's underwater ally



LIFESTYLE

Recipe: Chef Zanele's potato salad gets a bold spice-inspired twist



LIFESTYLE

EC entrepreneur brews jobs with bone broth business



LIFESTYLE

Karoo Winter Wool Festival brings wool, food and big ideas

The Karoo Winter Wool Festival returns to Middelburg on Fri. 3 and Sat. 4 July 2026 with two days of wool, food, family fun and hands-on farm experiences.

BY **STAFF REPORTER** 27TH JUNE 2026



LIFESTYLE

Healing communities through permaculture and indigenous food

After a health crisis, Brenda Davis transformed her relationship with food. Now the resident cook at SEED in Mitchells Plain, she is fusing indigenous knowledge with modern permaculture.

BY **VATEKA HALILE** 21ST JUNE 2026



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BY **ED STODDARD** 4TH AUGUST 2026

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LIFESTYLE

Moringa, tallow, tea: Africa's organic pioneers drive growth

African organic brands are having a moment. From Kenya to South Africa, producers are blending tradition with innovation to meet rising demand for natural living. This wave of innovation is...

BY **VATEKA HALILE** 3RD MAY 2026



LIFESTYLE

Stoep to cellar: Sauvignon blanc takes centre stage this May

International Sauvignon Blanc Day falls on 1 May, and South African producers are turning it into a month-long celebration. Wine lovers are encouraged to explore its many expressions – whether...

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LIFESTYLE

Fire meets flavour: Recipes and tips for a plant-based braai

Think a braai needs meat? Vegetables, beans, breads and fire belong together. Two local chefs reveal their best meat-free braai tips, menu ideas, and an easy bean-and-lentil patty recipe.

BY **VATEKA HALILE** 26TH APRIL 2026



LIFESTYLE

Amaranth: Can this supercrop move beyond niche markets?

Amaranth offers strong nutritional and farming potential in South Africa, but poor awareness, stigma and weak market access continue to limit growth. Farmers and researchers call for change.

BY **VATEKA HALILE** 22ND APRIL 2026



LIFESTYLE

African organic brands shine at Cape Town expo

The Cape Town Organic and Natural Products Expo 2026 highlighted a surging demand for sustainable health products. Industry experts urge consumers to look beyond marketing claims and study ingredient lists,...

BY **VATEKA HALILE** 21ST APRIL 2026



LIFESTYLE

Rooibos cosmetics offer growth path for agripreneurs

Rooibos isn't just for tea anymore. South African agripreneurs are tapping into its antioxidant power to create skincare products with global appeal. Experts highlight the importance of formulation, compliance, and...

BY **VATEKA HALILE** 11TH APRIL 2026

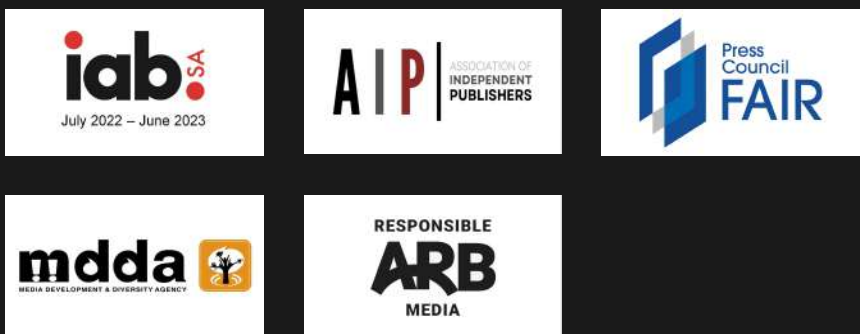
With 21 global awards in the first six years of its existence, **Food For Mzansi** is much more than an agriculture publication. It is a movement, unashamedly saluting the unsung heroes of South African agriculture. We believe in the **power of agriculture to promote nation building** and social cohesion by telling stories that are often overlooked by broader society.

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- ▶ SA Preserve Championships draws record 700 entries
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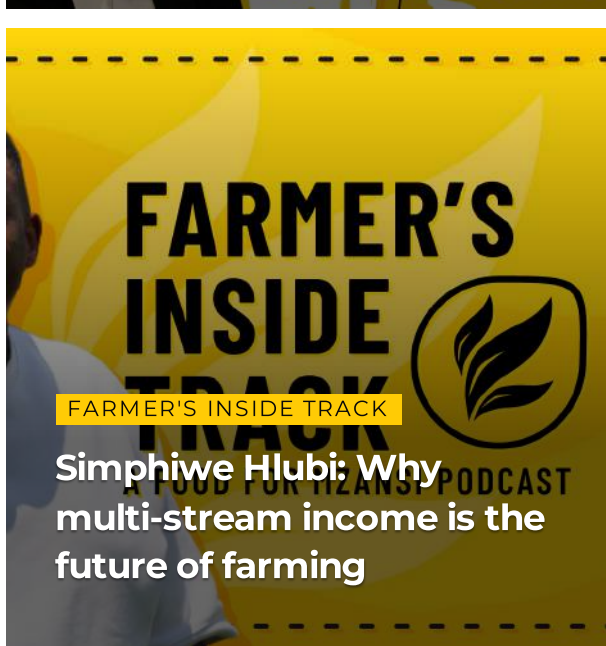
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Farmer's Inside Track



How to improve calf survival with better colostrum management

The first hours after calving can shape a calf's survival, health and future productivity, making careful management of both the cow and newborn essential. From preparing pregnant cows to produce...

BY PATRICIA TEMBO 7TH JULY 2026



How farmers can use weather technology to adapt to climate risks

Severe storms can hit fast, but real-time tracking gives farmers a crucial window to protect livestock and workers. The South African Weather Service explains how digital weather tools complement traditional...

BY PATRICIA TEMBO 30TH JUNE 2026



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Nedbank backs regenerative agriculture in new podcast series

Regenerative agriculture is shifting from a niche idea to a serious business conversation in South African farming. Nedbank's Daneel Rossouw says climate pressure, rising costs and soil health are turning...

BY IVOR PRICE 29TH JUNE 2026



Matjee Mokgoadi is turning Limpopo farming into serious business

Limpopo agripreneur Matjee Mokgoadi is on a mission to transform rural farming. By combining practical vegetable farming with crucial business mentorship and compliance training, he's creating a sustainable roadmap for...

BY PATRICIA TEMBO 24TH JUNE 2026



Organic certification: A gateway to premium markets

Demand for certified organic produce is skyrocketing globally, creating massive export gaps for South African farmers. Here is a breakdown of how the organic certification process works, including group certification...

BY PATRICIA TEMBO 23RD JUNE 2026



How seaweed biotechnology boosts crop yields naturally

Facing poor soil quality, high input costs, or extreme heat? It might be time to look to the ocean. Discover how seaweed biotechnology is helping South African farmers build climate-smart...

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Limpopo grain farmer combines business brains with farming brawn

Limpopo farmer Thabo Phasha knew he had the technical farming skills, so he chose to study business management to scale his grain operation. Now, he's supplying commercial livestock markets and...

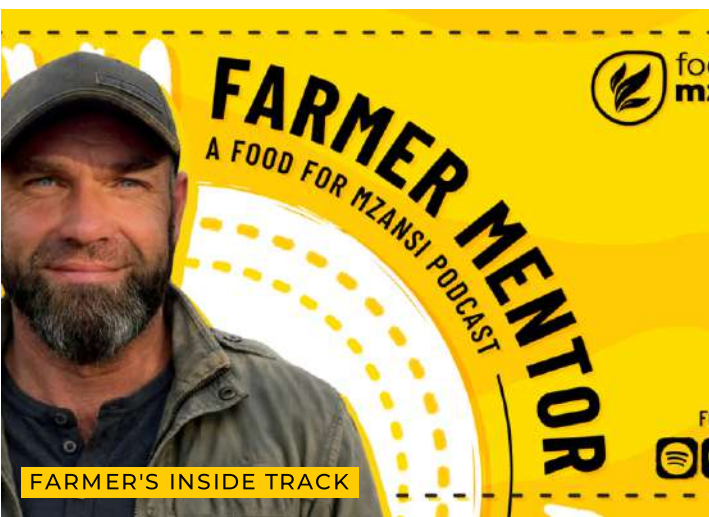
BY PATRICIA TEMBO 10TH JUNE 2026



Smart farming: 8 practical tips to adopt agritech today

Agricultural technology is not just for massive commercial farms. Discover 8 practical, budget-friendly ways for South African smallholder farmers to adopt digital tools and boost profits.

BY PATRICIA TEMBO 9TH JUNE 2026



Start small, grow big: Zen Teitge's blueprint for sustainable farming

From a tiny 3x12m tunnel to producing 2.2 million seedlings every six weeks, Zen Teitge's Manger Care Centre is empowering emerging farmers and changing lives through sustainable agriculture.

BY PATRICIA TEMBO 27TH MAY 2026



Smart growing media: Choosing the right substrate for success

Successful crop production begins in the root zone. Southern African growers are increasingly swapping traditional soil for specialised growing media to combat harsh climates and improve seedling survival. Learn how...

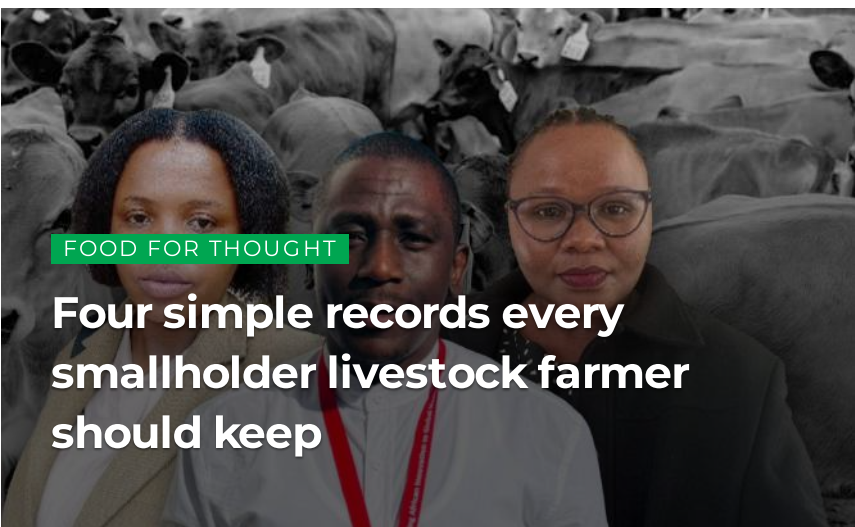
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Food for Thought



FOOD FOR THOUGHT

Why food recalls hit SA food SMEs the hardest



FOOD FOR THOUGHT

Four simple records every smallholder livestock farmer should keep



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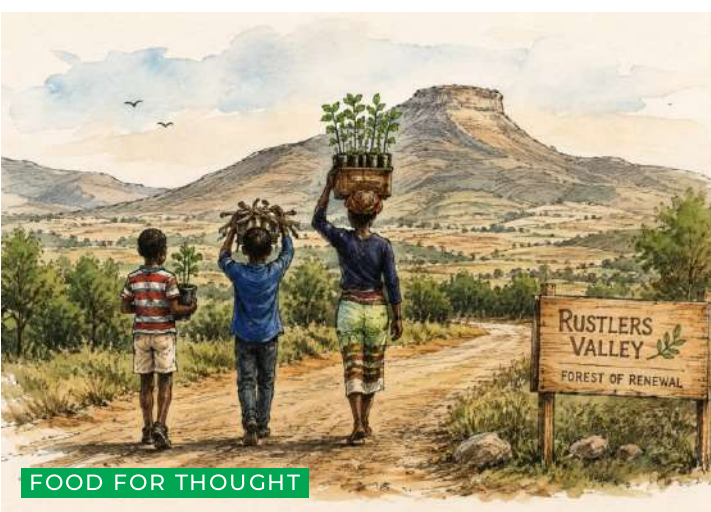
CLIMATE CHANGE

Why SA must shift from climate response to climate readiness



FOOD FOR THOUGHT

Treat food processing as essential national infrastructure – Khoury



FOOD FOR THOUGHT

Rustlers Valley offers a blueprint for South Africa's renewal

As the Rustlers Valley Memorial Forest is launched in the eastern Free State this weekend, Ivor Price reflects on why this bold vision offers lessons not only for agriculture, but...

BY **IVOR PRICE** 18TH JULY 2026



FOOD FOR THOUGHT

The Karoo's quiet lesson on trust and truth

After a thought-provoking panel at the Karoo Winter Wool Festival, Food For Mzansi co-founder Ivor Price reflects on what agriculture, journalism and the Karoo landscape can teach South Africa about...

BY **IVOR PRICE** 15TH JULY 2026



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Traditional seed saving: SA's key to climate resilience

From the Free State to Mpumalanga, smallholder farmers are leading a quiet seed revolution. By saving, sharing, and multiplying traditional seeds, they aren't just farming – they are claiming their...

BY **DR LEHLOGONOLO MATELELE AND SITHEMBISO FAKUDE**
14TH JULY 2026



FOOD FOR THOUGHT

Urban water pollution threatens SA's rural farming communities

When urban rivers flow downstream, it carries more than just filth; it carries economic ruin for peri-urban and rural farmers. The ARC's Dr Kyle van Heyde explores the critical impacts...

BY **DR KYLE VAN HEYDE** 12TH JULY 2026



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SA holds its own in fiercely competitive fruit markets

South Africa's fruit industry exports more than 60% of its annual production, but success in global markets depends on more than quality produce. Fruit SA CEO Fhumulani Ratshitanga explores the...

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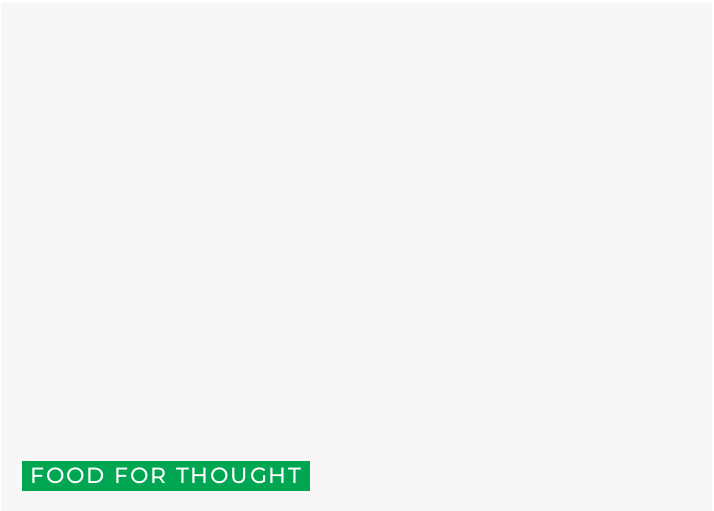


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Can agriculture minister Willie Aucamp unlock the full potential of South African agriculture when most of the sector's biggest constraints lie outside his department? AgriSA CEO Johann Kotzé argues that...

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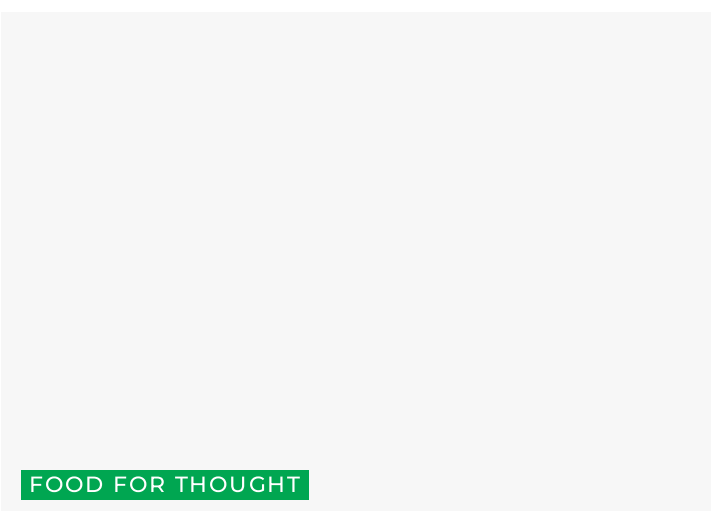


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Why citrus deserves special treatment in US-SA tariff talks

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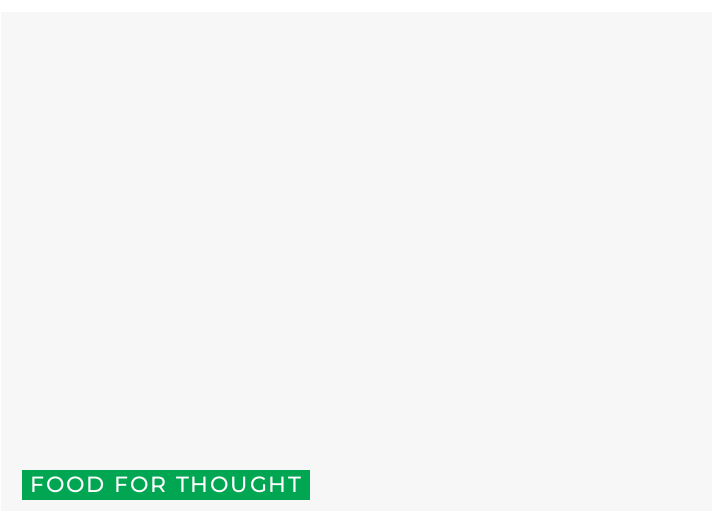


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Why Steenhuisen's fall from agriculture was a failure of trust, not politics

Legal expert Katlego Ngwane examines how the foot-and-mouth disease crisis and a severe breakdown of trust led to John Steenhuisen losing South Africa's crucial agriculture portfolio.

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Reject xenophobia, restore South Africa's promise

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